

5. Humble

Introduction:

Humility means having a realistic opinion of yourself – not denying your strengths, but being honest re your weaknesses. When we understand that God has declared us to be innocent & set us free- not because we have earned it or deserve it, but because of His love and grace- then we are free to be humble.

Questions:

- Read John 8 v 3-11.
- How did the Pharisees' actions show their pride?
- How does pride show itself in your attitudes? Your comments about people? Your self-sufficiency? Your need to defend yourself? Your attitude to people who hold different opinions?
- We have a natural tendency to be like the Pharisees. How are you tempted today to think that you need to obey certain rules to be a good Christian? Do you find yourself looking down on those who don't fit with your definition? Do you think you are better than you really are?
- How did Jesus' actions show His humility & grace? Read Philippians 2 v 3-8
- What do your conversations and actions express to others: self-righteousness & judgement, or humility & grace?
- How do you think the woman's feelings changed throughout this event? Have you ever felt humbled like this?
- Read 1 Peter 5 v 5-6
- What impact do you think a humble attitude would have on the way we work together as a church & in our community? How could it change the way we do things?

Moving Forward:

We are free to be humble because we have received God's mercy and grace. Humility is having a realistic opinion of ourselves, recognising our strengths as coming from God and admitting our weaknesses, so there is no room for pride.